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The Circulation of The Bulletin.

The Bulletin has the largest circulation of any paper in Eastern Connecticut, and from three to four times larger than that of any in the state. It is delivered to over 5,000 of the 4,033 houses in Norwich, and read by ninety-three per cent. of the people. In Windham it is delivered to over 900 houses in Putnam and Danielson to over 1,100, and in all of these places it is considered the local daily.

CIRCULATION

1901, average	4,412
1905, average	5,920
1906, average	6,559
1907, average	7,179
1908, average	7,543
September 18, 1909	7,708

THE JUBILEE BOOK.
The Jubilee Book, containing a complete record of the celebration of the 250th anniversary of the founding of the town of Norwich, with complete illustrations, containing at least 100,000 words and 50 pages of portraits and scenes of decorated streets and sections of the parade, etc. The Bulletin hopes to have the book ready for delivery early in December. If you have not ordered one, fill out the coupon printed elsewhere and mail to the "Business Manager of The Bulletin, Norwich, Conn."

GUILDFORD'S SHORTAGE.
The treasurer of the town of Guilford appears to have been a victim of the system under which financial crookedness was made easy before the town. In any adequate auditing of the accounts of the town treasurer had been made from year to year the delinquency would have been noted in the budget. Some of the methods by which the accounts were falsified were so crude that they could not have escaped auditors who had studied arithmetic as far as addition and subtraction. Failure promptly to discover the irregularities is a discredit to the administrative methods of the town.

EMBALMED BEEF.
It is becoming more and more apparent that embalmed beef is what the American people have been eating, and must eat if they take to canned goods.

Prof. Charles H. Lowell, in charge of the dairy and food division of Pennsylvania, said of the recently announced "benzoate of soda" decision: "The use of sodium benzoate is bad in principle. It is unwholesome and it is not in the line of things that should be used in food. The benzoate is made upon healthy persons and did not clear away the doubts as to the danger of using the preservative. The process of using benzoate in food is a process of poisoning. It is an indication that we are going back 5,000 years, for benzoate or its products has not been used in the preservation of food since the Egyptians stopped embalming their dead."

It does not make much difference what the authorities have to say in favor of benzoate of soda, every rational person must recognize that food containing it is good to steer clear of. There is no reason why we should induce in the least bit of embalming fluid for the good of our health or the good of trade.

EDITORIAL NOTES.
Governor Johnson is made of the right kind of stuff to live. He welcomed Taft from his bed of sickness.

Cuba makes a good truck garden for the United States, and some of our best fruit comes from "the island empire."

The Panama canal diggers are said to put 123,414 pies every day. They have the American habit, all right.

A LEADER IN REFORM.
Kansas has taken steps to make the baggage smasher conscious of the fact that the methods of handling baggage which have made them famous are not only wrong but criminal. There have been several generations of baggage smashers and each succeeding generation has become more expert in bringing heavy trunks to grief. In fact, they have become so disregardful of the value of the property they daily handle in Kansas that the state board of railroad commissioners has notified the railroads that they must instruct their men that baggage must be carefully handled as cases of eggs. This is going to the other extreme, and it is not likely that it will be strictly enforced. It is claimed that the practice grew out of the modern tendency to have trunks so heavy that no man could handle them with comfort. In time all baggage came to be regarded as fair game. There is a chance for kindly consideration on both sides—a square deal for all would work right here.

The Connecticut peach has more than a state-wide reputation, like its tobacco, and the ten-inch beauties of New London county, handsomer than any artist can paint, can't be beat.

Minister Wu does not know any reason why he should not at some future time be returned to this country. What has happened may happen again.

The newspapers never show any sympathy for a wife beater; but some of the American counts treat him with the same distinction that they would a nabob.

The Salvation Army's War Cry sends terror to no man's heart. It is a call to prayer instead of to arms.

The cattle-slow season is drawing to a close, but football is coming on with its excitement and fatalities.

The reason that there are no flies in England is because the country is kept clean. England had its flies and its filth together long ago.

President Taft will tell his great family some stories or give them sweet commitments, and will have them laughing merrily all along the line.

"See the fall styles as yet?" "Not in detail," answered the big importer, "but I understand the press. The fall styles will have any cause for complaint."—Louisville Courier-Journal.

Woman in Life and in the Kitchen

NEEDLEWORK SUGGESTIONS.



Paris Transfer Pattern No. 8007.

Design to be transferred to an Empire chemise, developed in thin cambric, muslin, batiste, Persian lawn, Jaconet, meshine or China silk, worked in eyelet and French embroidery, with merized cotton or heavy silk. The upper and armhole edges of the dress in white or some delicate color. chemise should be finished with ribbon heading and narrow edging, similar to the head of the Empire.

Order through The Bulletin Co., Pattern Dept., Norwich, Conn.



Paris Transfer Pattern, No. 8089.

Design for a baby's pillow 18x18 inches, to be transferred to linen or cotton, lawn, muslin, batiste, or cross buried muslin, and worked in French embroidery and outline. The straight ruffle is made of the same material as the cover and may be hemstitched or feather stitched.

Price, 10 cents.

Order of The Bulletin Company, Pattern Dept., Norwich, Conn.

CONCERNING WOMEN.

Many Essex Esplanades are centenarians. Recently Mrs. Ruth Smith of Putney, Vt., celebrated her 100th anniversary, and Mrs. Jane P. Robinson of Boston her 100th.

Elizabeth is a fashionable name at the present time, and it is one of the eight given to the infant daughter of king and queen of Spain. Among the little princess many names the prettiest and quaintest is perhaps Bienvenida, or welcome.

The competition is open to students of the College of the City of New York, Columbia university, including Barnard and Teachers' college, College of St. Francis, Xavier, St. John's college, Fordham, New York university, Manhattan college, New York Law school, Brooklyn Law school, Normal college, Adelphi college, St. Francis' college, Brooklyn, St. John's college, Brooklyn, Packard institute and Pratt institute.

King Victor Emmanuel is an excellent English scholar. As a boy he was educated by an English lady, Mrs. Leard, a clever and accomplished woman, whose death a few years ago was regarded as a personal loss by the Italian royal family. The king speaks English with a good accent and is fond of reading English fiction as a recreation.

At a garden party in England a pretty and young girl was one of many to be presented to King Edward. The king, with the tact and graciousness for which he is so celebrated, spoke a few words to the girl, who acquiesced as well as possible of the complicated courtesies which the ceremony required. She knew that it was expected of her to make some answer to the king's compliment, and laboriously studied up a suitable phrase in addition to the usual "Thank you, your majesty." The king, in the presence of his majesty all her well turned phrases fled, and she could only stutter: "I'm so glad to make your acquaintance, I've heard a great deal about you." And the king replied "Indeed?" with his kindest smile.

FOULARDS REMAIN.

Foulards remain because they are useful and give satisfaction. While not exactly what discriminating women would select for fine raiment they find a place in every well stocked wardrobe. Foulards are merely glorified prints and give soft, thin, and heavy washable materials. In this smart model, deep plaits each side of the neck give a graceful fullness that is softly gathered into the belt. The sleeves are of regulation length. The pattern is in 6 inches—32 to 42 inches, bust measure. For 36-inch bust, waist 28 inches wide, 4 yards of material 20 inches wide, 3 1/2 yards 24 inches wide, 3 1/2 yards 28 inches wide, or 2 1/2 yards 42 inches wide.

Price of pattern, 10 cents.

Order through The Bulletin Company, Pattern Dept., Norwich, Conn.

ABOUT SOUP.

Soup should not contain fatty matter, but should contain all other meat properties. It takes longer to make soup if one sets the stock aside to cool before adding the liquid. It is better to take a muslin cloth, wring it out of ice water and run the liquid through it. The fatty substance will cling to the cloth. If meaty particles ball through the soup, it clouds it. This is merely the boiled blood, and should be skimmed off as soon as it rises to the top. Should one get into the soup, break an egg into the soup, stir it around and when it boils it will come to the top, bringing all substances with it. It quickly clears muddy looking soup.

Hot Baths Bring Sleep.

A hot bath before retiring to bed will frequently so relax the nerves and muscles that sleep is possible as soon as one lies down.

It is always well to have some light refreshment by the bed to take, if one is awake, because no person who is hungry can sleep.

HEALTH AND BEAUTY.

You say you can rest as well sitting in a chair as resting on the bed. You may be resting, but just the same when you lie down you save your heart ten beats a minute, and that means a great deal to a nervous person, especially one who is subject to attacks of headache.

It is a good idea for all children who are starting to school this fall to have their own individual drinking cups. An aluminum one that is collapsible and can be carried in the pocket will cost only a few cents. When one considers how easily disease germs are carried, this precaution is one to be encouraged.

Nothing could be more harmful to the eyes of a growing child than light in the room where it is sleeping. While it may not disturb the rest, it is a great strain upon the muscles of the eyes and nerves and is the cause of much trouble in after life. The child

should become accustomed to sleeping in a perfectly dark room from his infancy, and no amount of pleading should procure for him the light. It is not only detrimental to his general health, but also harmful. Sleep is more refreshing in a darkened room.

TO MAKE HATPINS.

It is the thing just now to have all the hatpins used at one time made. This may become quite an extravagance, since the modern hat necessitates at least four pins.

One ingenious girl has made herself various sets of pins at the cost of a few cents. She buys ordinary black and white headed hatpins—the bigger the head the better. She also lays in an assortment of sealing wax and gets out her color box.

The heads of the pins are dipped in the melted wax a number of times until none of the under surface shows. When dry it is painted with flecks of gold, silver or black, according to the color of the pin. A green or blue pin covered with gold paint. The girl who finds scarlet too fiery may tone it down with black, white, lavender or blue. Colors after it is dry and stiff. This lasts better than the sealing wax, which is apt to crack quickly.

SUGGESTIONS FOR THE HOUSEWIFE.

A few shreds of candied orange peel will give a delicious flavor to a bread pudding.

Always use lard to grease your cake pans, as the salt in the butter causes it to stick to the pans.

It is better to wipe over meat with a wet cloth than to immerse it in water or let water run over it.

A sponging with a solution of one part ammonia to ten parts of water is said to brighten the colors in a faded carpet.

Don't light the kitchen fire unless the sugar and vinegar are in the pot of cold water is liable to crack the boiler.

If you want to keep your desserts on the top of the ice place a newspaper over the ice and your dishes never slip off or tip over.

Spiced Grapes.

To make as delicious a dish as can be served with cold meat, use Concord grapes, and for eight pounds of grapes allow four pounds of sugar, one pint of vinegar, two tablespoonfuls of ground cinnamon, one tablespoonful of ground cloves and a teaspoonful each of salt and pepper. Remove the skins from the grapes and place them in one vessel, the pulp in another. Cover the skins with cold water and put both vessels over the fire. Heat the pulp to the boiling point, then pass through a colander and return to the fire with the sugar and vinegar and spices. Let the skins cook slowly until tender, when add them to the pulp with the water in which they have been cooking. Cook slowly until the mixture will thicken when cold. Pack in jelly glasses and cover with paraffin to exclude the air.

HOME GARMENT MAKING.

The Bulletin's Pattern Service.



LADIES' SHIRTWAIST.

Paris Pattern No. 3025.

All Seams Allowed.

A good design for the light-weight woolens, as well as pongee and heavy washable materials. In this smart model, deep plaits each side of the neck give a graceful fullness that is softly gathered into the belt. The sleeves are of regulation length. The pattern is in 6 inches—32 to 42 inches, bust measure. For 36-inch bust, waist 28 inches wide, 4 yards of material 20 inches wide, 3 1/2 yards 24 inches wide, 3 1/2 yards 28 inches wide, or 2 1/2 yards 42 inches wide.

Price of pattern, 10 cents.

Order through The Bulletin Company, Pattern Dept., Norwich, Conn.

Corn Soup.

Select eight ears of corn and grate the kernels from the cobs. Add to the grated corn a pint of boiling water and cook at the side of the stove for twenty minutes. Thicken with a tablespoonful of melted butter rubbed into a tablespoonful of flour and season with a tablespoonful of sugar and salt and pepper to taste. Have ready a quart of scalding milk, add the corn

pure to this and bring almost to the boiling point without allowing it to boil. Take from the fire, pour the soup gradually, beating all the time, upon a well-beaten egg, and serve at once.

Creole Meat Pie.

Chop not too fine one pound of round steak and put in the bottom of pie dish which is first lined with a good rich crust, then chop fine a dozen large oysters and sprinkle over the meat, add a little salt, pepper, chop 2 good sized potatoes and put on the layer of oysters. Do not boil oysters, put in raw. Make a thin cream sauce and fill the dish half full; put on cover of pie crust, do not roll out too thin and let the edges hang over slightly so more sauce may be added if necessary, trim off the edges of crust when done and ready to serve. Serve hot and also serve a good cream sauce with it, adding a dash of tomato catsup.

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